

Cambia Health Foundation

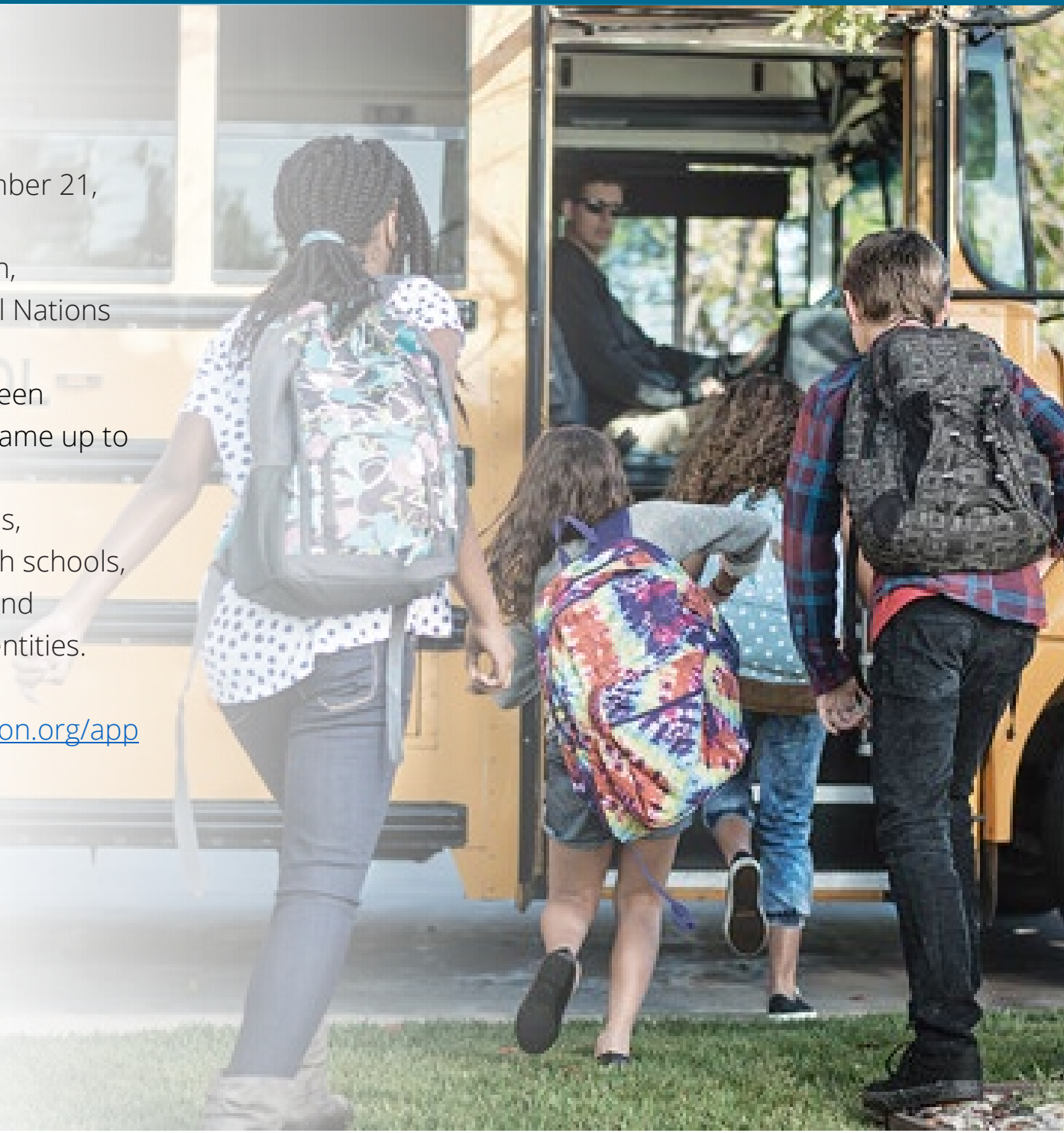
2026 Request for Proposals

Resilient Children and Families

This RFP will support **school-based health centers and programs** that expand access to wellness services, with an emphasis on behavioral, social, and emotional health. We will prioritize approaches that engage elementary through high school students and parents/guardians as active voices in program design and/or implementation, advance peer-to-peer support and cross-age mentoring, and foster positive, inclusive environments for individual students and overall.

At a glance:

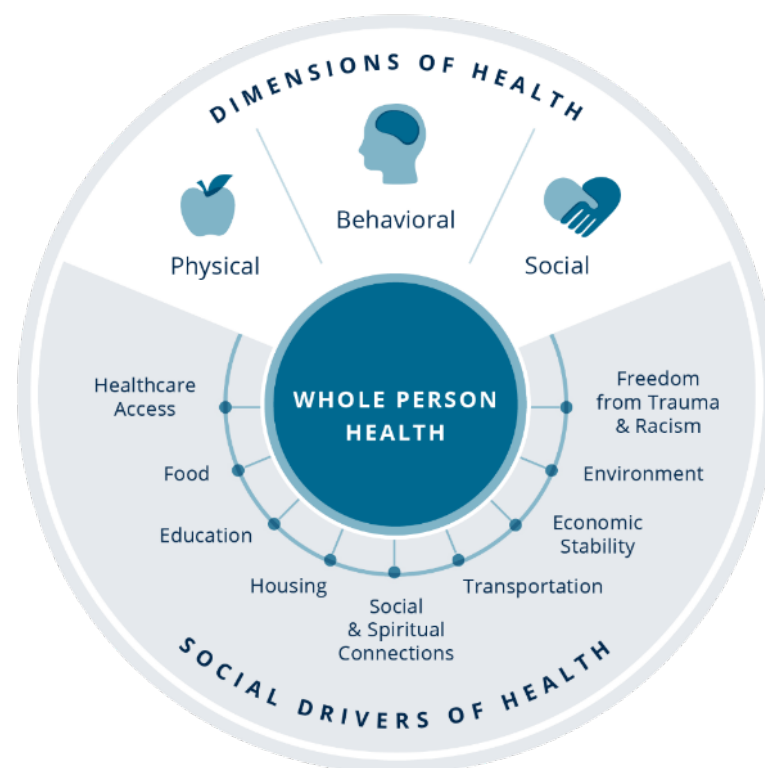
- Applications close Monday, September 21, 2026 at 5:00 p.m. Pacific Time.
- Covers services provided in Oregon, Washington, Idaho, Utah and Tribal Nations within these states.
- We anticipate grant amounts between \$30,000 and \$50,000 and a time frame up to 24 months.
- Open to U.S. 501(c)(3) organizations, accredited elementary through high schools, government and public agencies, and federally recognized Indian Tribal entities.
- Our website:
<https://www.cambiahealthfoundation.org/applicant-resources/current-funding-opportunities.html>



About us

Cambia Health Foundation is the corporate foundation of Cambia Health Solutions, which is dedicated to making health care more person-focused and economically sustainable. Founded in 2007, the foundation has made purposeful philanthropic investments of more than \$143 million to improve health care experiences and outcomes for people and families.

We are currently working to advance whole-person health by expanding access to behavioral health in underserved communities across Oregon, Washington, Idaho and Utah. The term *whole-person health* reflects our belief that health is personal, multidimensional and interconnected.



Our 2022-2026 strategic plan focus areas

We prioritize investments in three areas that span all ages and phases of life:

Resilient Children and Families

We invest in behavioral health access for young children and their caregivers. By focusing on early intervention, we build resilience and improve health outcomes.

Healthy and Connected Aging

We focus on solutions that reduce isolation and loneliness among older adults by strengthening social connectivity, care coordination, and behavioral health access within whole person health models.

Health Care Workforce

We support expanding, diversifying and training the workforce to reduce behavioral health provider shortages in our region. By strengthening the paid and unpaid workforce we enable wellness and prevention, reduce stigma and increase collaborative care models.



Integrated school-based health services bring medical, mental health, and wellness support directly into the school environment, making care accessible to students where they already spend most of their day. By removing common barriers like transportation, cost, and scheduling conflicts, these services ensure that more students — regardless of background or circumstance — can receive timely preventive care before small health concerns become serious problems. Early intervention and preventive services, such as screenings, counseling, and health education, help students stay healthy, focused, and ready to learn.

We believe school-based health programs are most effective when the people they serve have a genuine seat at the table. By actively engaging students and parents/guardians in the design and implementation of health initiatives, schools create programs that are relevant, trusted, and responsive to the real needs of their communities. Peer-to-peer support and cross-age mentoring further strengthen these efforts by allowing young people to learn from and inspire one another in authentic, relatable ways — building confidence, empathy, and a shared sense of responsibility for collective well-being. When these approaches are grounded in inclusive, welcoming learning environments where every student feels seen and valued, the impacts extend far beyond physical health, nurturing the social and emotional foundations that help all students thrive.

This RFP is focused on school-based health services designed to improve student well-being by removing barriers and addressing health needs early, before they become serious. These programs are most powerful when students and parents/guardians shape them, creating trusted, community-driven approaches that support physical, social and emotional health.

Examples of programs or services could include:

- **Cross-age mentoring** that pairs older students with younger peers to model healthy behaviors, build connection, and provide guidance
- **Coordinated care teams** connecting students and families to community health resources
- **Family workshops and events** co-designed with community members to address the health priorities that matter most to families caring for young children
- **Counseling and behavioral health services** — available on-site or via telehealth — that offer varying levels of support based on each student's needs
- **Student-led peer support programs** where trained students educate and encourage classmates on topics like nutrition, mental health, and healthy relationships
- **Student wellness councils or advisory boards** that give young people a direct voice in shaping school health programs and policies

Outcomes and impacts

We recognize that success can look different across programs. Key indicators that align with our strategy include increased utilization of school health resources, stronger peer relationships, and a greater sense of community and belonging. We also hope to see programs and services designed to help reduce social isolation, anxiety, and loneliness among students, alongside improvements in emotional regulation skills and increased help-seeking behavior. This is a representative but not exhaustive list – include only the indicator(s) most relevant to the proposed work.

Eligibility

- Applicants must be a tuition-free elementary, middle, junior high, and/or high school public school – including traditional, charter, or magnet schools – or an eligible non-profit organization that partners with one.
- Priority will be given to established programs or services. New initiatives may be considered when they demonstrate strong school support and a viable path to sustainability.
- Proposed work must be focused on serving populations within Oregon, Washington, Idaho, Utah and/or sovereign American Indian tribes within those states.
- Applicant organization must be an active U.S. 501(c)(3) organization, accredited elementary through high schools, government or public agency or federally recognized Indian Tribal entity. Fiscal agents are eligible to serve as applicants on behalf of eligible organizations doing charitable work.
- If you are not sure your proposed work or organization is eligible to apply, we encourage you to reach out to our team and ask.

How to apply

Submit your application by Monday, September 21, 2026 at 5:00 p.m. Pacific Time through the online application portal link on the **Current Funding Opportunities** page of our website, cambiahealthfoundation.org.

- Use the portal to access your existing account or create a new account.
- Check our website for information on frequently asked questions (on the **Current Funding Opportunities** page).
- Let us know if you need help. We welcome all questions you may have.

Funding guidelines

We ask for requested grant amounts between \$30,000 and \$50,000 and one application per organization or collaboration. We anticipate awarding 7-10 grants throughout our geographic region in this RFP. We estimate grant start dates to be in late 2026/early 2027. The grant period can last up to 24 months after the initial start date. Please note that these are general guidelines for planning purposes. Details will be finalized with funding recipients.

RFP deadlines and timeframe

August 19, 2026

The single-stage application opens on our website.

September 21, 2026 at 5:00 p.m. Pacific Time

The application closes (please note this is a Monday).

Week of November 2, 2026

Applicants will be notified of final decisions.

December 2026/January 2027

Proposed work begins.

We're here to help

Questions about eligibility or RFP focus? Contact us before you apply. Please submit your question(s) to CambiaHealthFoundation@cambiahealth.com

Your inquiry will be directed to the appropriate team member for a prompt response.

Cambia Health Foundation values equal opportunity for all members of the community and embraces the importance of diversity and inclusion in achieving the best health outcomes for everyone. Our grant partners join us in not discriminating based on age, sex, race, creed, color, ethnicity, sexual orientation, gender identity, pregnancy, marital status, military service, other protected veteran status, disability, national origin, political affiliation, religious belief or any other status in their leadership, staffing or provision of services.

Preview of reporting requirements for funded projects

Cambia Health Foundation is dedicated to ensuring that its investments are mission-driven and positively impact the communities we serve. The evaluation process is clear, simple and focused on outcomes. It respects organizations of different sizes, experiences, values, beliefs and traditions. It balances quantitative and qualitative methods to inform and guide Cambia Health Foundation decisions while improving grant partner services. Cambia Health Foundation staff use an evaluation model that fits our evaluation philosophy.

We have four primary goals for evaluation and grant reporting:

- Good stewardship of funds entrusted to us for the benefit of the community
- Grant partner learning and quality improvement
- Communication about results and impact
- Transparency around barriers and challenges

Reporting frequency and requirements depend on the grant size and time frame. We are committed to asking only for what we will use and focusing on what is important to the organization and those served. When it comes to our grant partners, our intent is to develop relationships that are positive, honest, trusting and committed to improvement.

Cambia Health Foundation reserves the right to:

- Reject any or all proposals submitted
- Reject a proposal that does not include all required information and documentation
- Modify RFP and program guidelines, including submission deadlines
- Contact you to discuss your proposal and/or others referenced in the proposal
- Request additional information or verification

What will not be funded

Cambia Health Foundation is interested in learning what resources are necessary to achieve intended results. However, we will not fund the following as part of this funding opportunity:

- Endowments
- Capital campaigns
- Political causes or events
- Sacramental or theological functions of religious organizations
- Existing deficits
- Retroactive expenses
- Sponsorships
- Programs that do not primarily serve Oregon, Washington, Idaho, Utah and/or the sovereign American Indian tribes within those states

We reserve the right to add to this list on a case-by-case basis.

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