



Investing in Washington's health

Cambia Health Foundation improves health and well-being through grants that expand access to behavioral health services and by supporting employee giving and volunteerism in communities across Washington.



Featured Washington investments: 2025 highlights

Through strategic grantmaking, we fund programs that build resilience in children and families, foster healthy and connected aging, and expand the behavioral health care workforce.

Homage Senior Services

Funding supports free mental health counseling and referral services to underserved older adults in rural Snohomish County and multilingual mental health counselors who serve as trusted first points of contact in their communities.

Tubman Center for Health & Freedom

To ensure high-value care for communities in the Puget Sound region, this funding supported the launch of a specialized training program for all staff to deepen collaboration across their integrative primary care team and address social drivers of health.

Washington School-Based Health Alliance

This grant helps Washington's only statewide organization supporting more than 80 school-based health centers that serve over 70,000 students annually. Our investment supports the development of convenings and strategies to sustain integrated health care in schools while building capacity and technical innovation.



Fostering a culture of giving



\$2,021,629

invested through grants and employee giving programs



6,753

community volunteer hours



977

causes supported through employee giving programs



41

community partners



A few of our partners

- American Heart Association
- Crisis Connections
- Sound Generations
- Solid Ground
- Seattle Center Foundation
- United Way of Pierce County
- Yakima Valley Neighborhood Health
- MultiCare Foundation
- Spokane Tribal Network



Employee engagement



Addressing food insecurity

We believe that access to healthy, nutritious food is critical to achieving good health at all ages and stages of life. That's why we're deeply committed to addressing food insecurity. When families experience hunger, it affects everything from stress levels to chronic disease risk. We're proud to partner with local organizations that play a vital role in supporting our neighbors, like **Emergency Food Network, Food Lifeline, Helping Hands Food Bank** and **Second Harvest**.



\$177,500

committed to reducing food insecurity across Washington in 2025

Building stronger communities together with Communities in Schools of Washington

Communities In Schools of Washington works directly with K-12 students facing unmet basic needs and resource challenges. As resource navigators and youth advocates, CIS ensures every student has what they need to succeed. Supporting this mission, Tacoma employees came together to assemble over 1,000 snack packs for students across Tacoma schools.



Dollars for Doers program:
1 employee volunteer hour
= \$20 donated

50% match on all
employee donations year-round



Top causes supported by employees

- Human services
- Environment and animals
- Education



\$770,888

generated through our
employee giving programs