



Investing in Utah's health

Cambia Health Foundation improves health and well-being through grants that expand access to behavioral health services and by supporting employee giving and volunteerism in communities across Utah.



Featured Utah investments: 2025 highlights

Through strategic grantmaking, we fund programs that build resilience in children and families, foster healthy and connected aging, and expand the behavioral health care workforce.

Urban Indian Center of Salt Lake

The Urban Indian Center of Salt Lake has provided critical resources, education and health services to American Indians and Alaska Natives in Utah for over 50 years. This investment supported the launch of the Rebalancing Culture program, which aims to expand health and wellness offerings through cultural storytelling and multigenerational connection.

University of Utah, Substance Use & Pregnancy Clinic

In Utah, substance use is a factor in nearly 40% of pregnancy-related deaths. This grant supports the development of the clinic's workforce so they can focus on bringing prenatal care, addiction treatment, mental health services and social support together under one roof to support mothers in recovery and give children the healthiest possible start in life.

Jewish Family Service

Funding supports the Respite Care Program, which serves vulnerable older adults and caregivers facing aging-related challenges in Salt Lake City. Through free, short-term respite services, the program provides caregiving relief while helping seniors age in place successfully.



Fostering a culture of giving



\$659,455

invested through grants and employee giving programs



1,834

community volunteer hours



179

causes supported through employee giving programs



24

community partners



A few of our partners

- American Heart Association
- The Children's Center Utah
- YWCA Utah
- Utah Valley University
- The Inn Between
- Children's Service Society of Utah



Employee engagement



Addressing food insecurity

We believe that access to healthy, nutritious food is critical to achieving good health at all ages and stages of life. That's why we're deeply committed to addressing food insecurity. When families experience hunger, it affects everything from stress levels to chronic disease risk. We're proud to partner with local organizations that play a vital role in supporting our neighbors, like **Utah Lunch Debt Relief Foundation** and **Utah Food Bank**.



\$20,000

committed to reducing food insecurity across Utah in 2025

Building stronger communities together with Utah Lunch Debt Relief Foundation

When employee DJ Bracken discovered his local district owed \$88,000 in lunch debt in 2024, he immediately paid off one school's debt and launched the Utah Lunch Debt Relief Foundation. Since then, the organization has helped over 30 schools, raised more than \$200,000 and is driving policy change to ensure all children have access to free lunch.

Photo credit: Trent Nelson Salt Lake Tribune



Dollars for Doers program:
1 employee volunteer hour
= \$20 donated

50% match on all
employee donations year-round



Top causes supported by employees

- Human services
 - Health
 - Education



\$112,126

generated through our
employee giving programs