



# Investing in Oregon's health

Cambia Health Foundation improves health and well-being through grants that expand access to behavioral health services and by supporting employee giving and volunteerism in communities across Oregon.



## Featured Oregon investments: 2025 highlights

Through strategic grantmaking, we fund programs that build resilience in children and families, foster healthy and connected aging, and expand the behavioral health care workforce.

### Ballmer Institute for Children's Behavioral Health

Funding supports internship development for students of the nation's first bachelor's-level youth mental health program. It also creates career exploration programs to increase access to culturally responsive behavioral health services for middle and high school students in underserved communities.

### Impact NW

With more than 19,000 children living in kinship family structures in Oregon, this grant supports efforts to address the behavioral health needs of older adults who serve as kinship caregivers, helping their overall health and well-being.

### La Clinica

To improve integrated primary care services and access to behavioral health for rural communities in Jackson County, Oregon, this grant supports a fellowship and training program for recent behavioral health graduates and new hires.



## Fostering a culture of giving



**\$2,381,628**

invested through grants and employee giving programs



**6,118**

community volunteer hours



**1,034**

causes supported through employee giving programs



**51**

community partners



## A few of our partners

- American Heart Association
- Meals on Wheels People
- Trillium Family Services
- Oregon Health and Science University Foundation
- Boys and Girls Club of Portland Metropolitan Area
- Medical Teams International
- Lines for Life



# Employee engagement



## Addressing food insecurity

We believe that access to healthy, nutritious food is critical to achieving good health at all ages and stages of life. That's why we're deeply committed to addressing food insecurity. When families experience hunger, it affects everything from stress levels to chronic disease risk. We're proud to partner with local organizations that play a vital role in supporting our neighbors, like **ACCESS** (Community Action Agency of Jackson County) and **Oregon Food Bank**.



**\$31,500**

committed to reducing food insecurity across Oregon in 2025

## Building stronger communities together with Meals on Wheels People

For over a decade, employees have shown their support through volunteer initiatives like weekly meal delivery shifts, board leadership and hundreds of handmade placemats and cards that bring warmth to every meal. In November, our team rolled up their sleeves to help prepare Thanksgiving meals, continuing a tradition of hands-on service that turns simple meals into moments of connection.



Dollars for Doers program:  
1 employee volunteer hour  
= \$20 donated

50% match on all  
employee donations year-round



## Top causes supported by employees

- Human services
- Environment and animals
- Education



**\$859,641**

generated through our  
employee giving programs